

Chapter 1:

Before My Teacher Came

Baby Helen could see and hear.
Then she got very sick.

After the sickness, Helen could not see.
Helen could not hear.

Everything was dark and quiet.
Helen felt sad and mad sometimes.

She used her hands to feel things.
She touched her Mommy and Daddy.
She touched things in the house.
Helen made hand signs for “eat” and “drink.”
Helen had a friend named Martha.
They played together.



Chapter 2

A nice teacher came to Helen's house. Her name was Miss Sullivan. Miss Sullivan gave Helen a doll. Miss Sullivan spelled "d-o-l-l" into Helen's hand. Helen copied the letters with her fingers. Helen did not know the letters meant "doll."



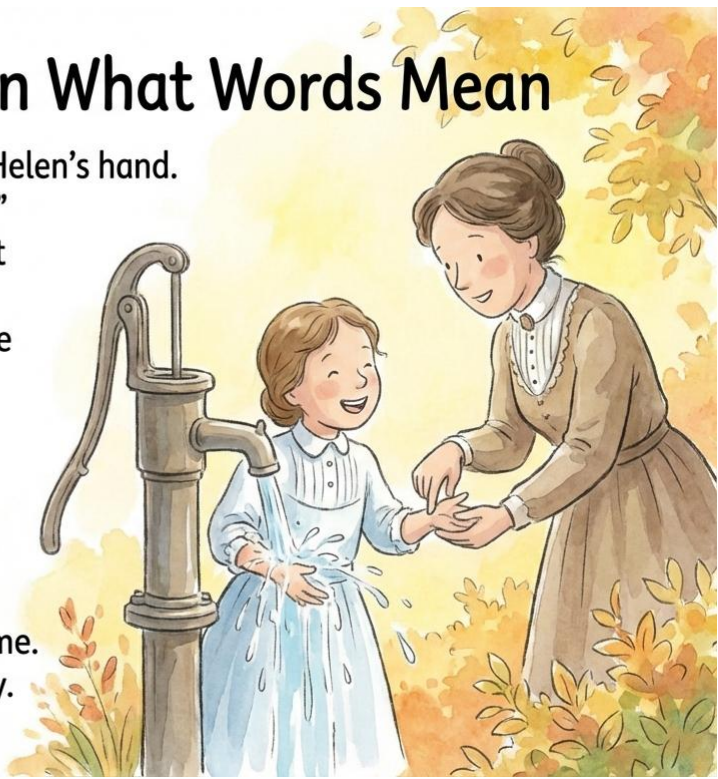
Chapter 3: I Learn What Words Mean

Miss Sullivan spelled many words into Helen's hand. She spelled "c-a-k-a-l-e" and "w-a-t-e-r." Helen copied the letters, but she did not understand.

One day, Miss Sullivan took Helen to the water pump. Cool water ran over Helen's hand.

Miss Sullivan spelled "w-a-t-e-r" into Helen's other hand.

Suddenly, Helen understood! The letters meant the cool water! Helen learned that everything has a name. Helen learned many new words that day. She felt very happy.



Chapter 4: Learning to Read

Miss Sullivan gave Helen cards with bumpy letters.
Helen touched the bumpy letters.
Helen learned the bumpy letters meant words.
Helen got a special book with bumpy letters.
Helen learned to read the bumpy letters with her fingers.
She loved reading her book.



Chapter 5: Three Days to See

Helen thought about seeing. Helen said, "If I could see for three days, what would I do?"

On the first day, Helen would look at people she loves. She would look at her dog and her home. She would look at books.

On the second day, Helen would see the sun rise. She would go see art and old things.

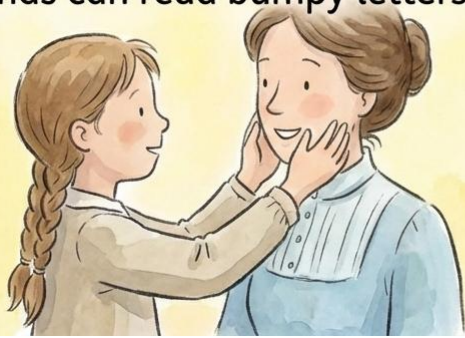
On the third day, Helen would see the city. She would see people working and children playing.

Helen wanted everyone to love their eyes and see the beautiful world.



Chapter 6

Helen talked about hands.
Hands are very important.
Helen learned with her hands.
Hands can talk using signs.
Hands can read bumpy letters.

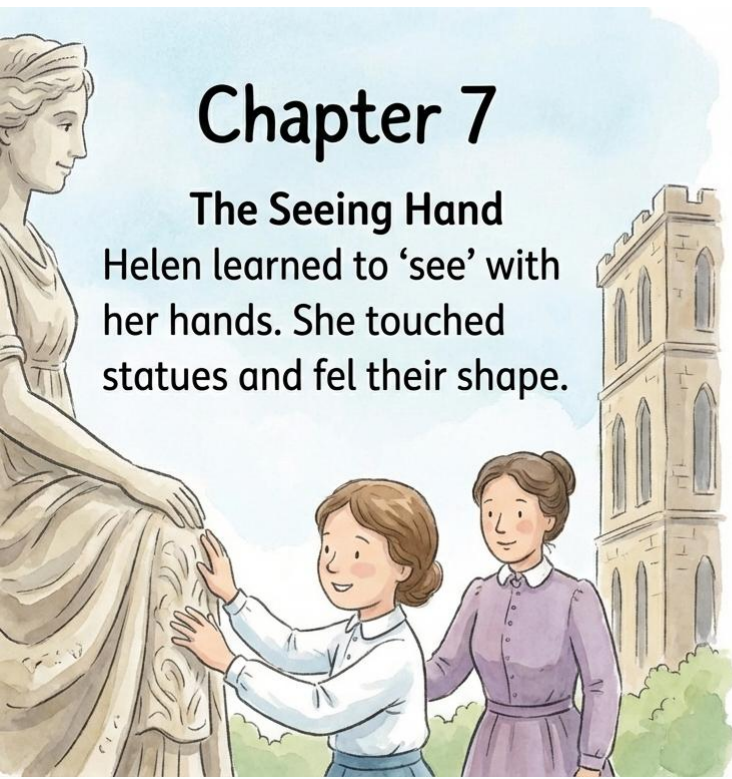


Hands can reading it book.
Hands can exitered lands.
Helen felt people's faces
with her hands to know them.

Chapter 7

The Seeing Hand

Helen learned to 'see' with her hands. She touched statues and felt their shape.



She touched stones.
She touched statues.
She touched big buildings
and felt how tall they were.
Touching things helped Helen
understand the world.

Chapter 8

Helen talked about the five ways we know the world: seeing, hearing, smelling, tasting, touching.

Helen has three ways: smelling, tasting, touching.

Helen uses her three ways to know the world.



Chapter 9: What My Religion Means to Me

Helen talked about God
and being good.
Helen felt happy and loved
inside.
She believed God was like
love and light.



Chapter 10:

The Beauty of Silence

Helen talked about quiet.
Helen lives in a quiet world.



Quiet can be peaceful.
Helen can think in the quiet.

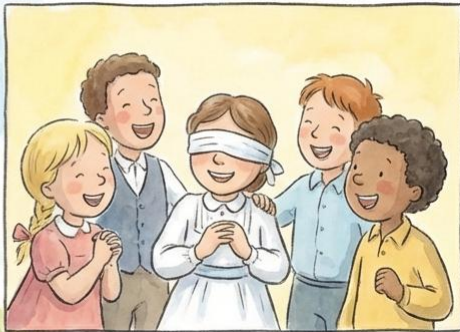
Chapter 11: The Simplest Way to Be Happy

Helen said being happy is simple.
Be kind to others.
Help people.
Be happy with what you have.
Learn new things.
Helen loved learning.



Chapter 12: The Light of Friendship

Helen talked about friends. Friends are very important. Friends help you and love you. Miss Sullivan was Helen's best friend and teacher. Helen had many friends who helped her.

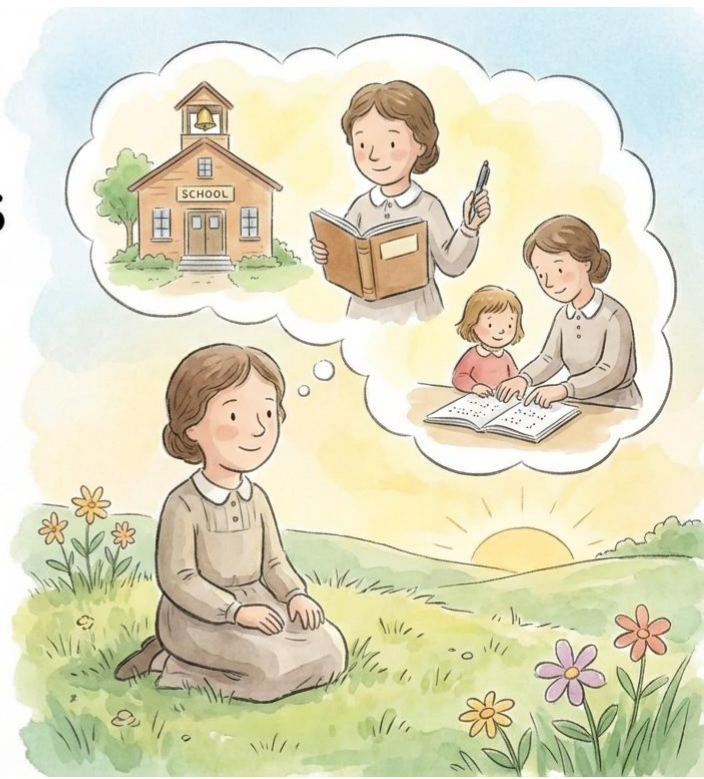


Chapter 13:

The Value of Dreams

Helen talked about dreams.
Dreams are good.
Dreams give you hope.

Helen dreamed of learning
and helping others.



Chapter 14: The Joy of Achievement

Helen talked about doing hard things.
Learning to talk was hard.
Learning to read was hard.



When you work hard and
succeed,
you feel very happy.
Helen felt happy when she
learned new things.



Chapter 15: The Greatest Thing in the World

Helen asked, "What is the greatest thing?"

Helen thought **LOVE** is the greatest thing.

Love from family, friends, and teachers helped Helen learn and be happy.



Chapter 16: The Future

Helen thought about tomorrow. Helen wanted to keep learning. Helen wanted to help other people who could not see or hear. Helen was happy and hopeful about the future.